



## MODALITY UPDATE FOR PHYSICAL/OCCUPATIONAL THERAPY

By Jane Goeken, PT, DPT, OCS

**Monday, November 6, 2017 5:00-9:00 PM**

**Wednesday, November 8, 2017 5:00-9:00 PM**

**Monday, November 13, 2017 5:00-9:00 PM**

**Wednesday, November 15, 2017 5:00-9:00 PM**

**\*\*Attendance is required at all sections\*\***

### **COURSE DESCRIPTION**

Modality Update for Physical/Occupational Therapy meets the guidelines of the Occupational Therapy Practice Act of the State of IL for competency in both electrical and thermal modalities. Lecture information will include pain management, rationale for modality use, and basic concepts of each modality. Lab portions will include demonstration and hands on re-demonstration of both electrical and thermal modalities. Participants are asked to dress in loose, comfortable clothing and shorts.

### **CONTINUING EDUCATION INFORMATION**

This course is offered for 1.6 CEUs (16 contact hours). Professional Therapy Services, Inc. is approved by the Illinois Department of Professional Regulation as a continuing education provider for physical and occupational therapy, license number 216-000021.

### **COURSE LOCATION**

PTS Regional Office: 112 Ne Madison Ave, Peoria, IL, 61602

### **COURSE OBJECTIVES**

Participants will:

- Define pain and its positive and negative effects
- Describe the various mechanisms for pain control
- Explain the physiologic effects of heat and cold applications
- Describe the various thermoagents utilized in rehabilitation including but not limited to superficial and deep heating agents, hydrotherapy, fluidotherapy and cryotherapy agents
- Differentiate between superficial and deep heating agents
- Describe the basic principles of electricity as it applies to electrical stimulation modalities utilized in rehabilitation
- Explain the application of the various electrical stimulation modalities utilized in rehabilitation

- Demonstrate the application of electrical stimulation modalities including but not limited to biofeedback, NMES/FES, TENS, HVGS, interferential current and iontophoresis
- Discuss safety in the use of thermoagents and electrical stimulation equipment in rehabilitation

For additional information

Sara Owens, Continuing Education Coordinator  
 112 NE Madison  
 Peoria, IL 61602  
 (309) 674-7874 Fax (309) 674-7814

Mail Payment: (Check or Money Order)

Professional Therapy Services,  
 Attn: Angie Joellenbeck  
 112 NE Madison  
 Peoria, IL 61602

Registrant's Name: \_\_\_\_\_ PT PTA OT COTA SLP

State License # \_\_\_\_\_

Facility Name and Address:

Home Address:

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Work :(\_\_\_\_\_) \_\_\_\_\_ Home :(\_\_\_\_\_) \_\_\_\_\_

Email: \_\_\_\_\_

Credit card (circle one): VISA MASTERCARD AMERICAN EXPRESS DISCOVER

Credit Card Number: \_\_\_\_\_ Expiration date: \_\_\_\_\_

Signature: \_\_\_\_\_ Security Code: \_\_\_\_\_