



## Effortless Spinal Manipulation: Cervical & Thoracic Region

**Instructor:** [Dr. Jeff Moore](#) PT, DPT, MTC, Cert-SMT, OCS, FAAOMPT  
An Evidence in Motion course hosted by Professional Therapy Services, Inc.

### **Description:**

EIM's Management of Cervical & Thoracic Disorders course is designed to enhance the participant's knowledge and skill level in the evidence-based management of individuals with cervical-thoracic spine and ribcage disorders and dysfunction. This lab intensive course focuses on the clinical reasoning and hands-on skill development necessary to effectively integrate manual physical therapy examination and intervention techniques into the clinical management of these individuals. Classification systems, outcomes assessment tools, and the application of diagnostic imaging are discussed as components of the diagnostic process within the framework of evidence-based practice. Participants will receive hands-on demonstration and practice of both examination and selected interventions of cervical and thoracic spine.

### **Approach:**

This course is delivered in a blended learning fashion, combining online and on-site learning experiences to facilitate participant learning. An interactive and media-rich online precourse is provided to participants 30 days in advance of an intensive 2-day on-site laboratory weekend. The online precourse provides an evidence-based overview of the management of cervical and thoracic spine disorders using a series of web-based video presentations, key evidence summaries and primary research articles. The on-site lab intensive weekend provides participants with hands-on demonstration and practice of selected examination and manipulative techniques for the upper thorax and neck regions. A heavy focus is placed on the skill development and proficient use of hold-relax, mobilization, and manipulation interventions for these regions. The course will have a student to faculty ratio of no greater than 18:1. An online post-test and on-site skill assessments are used to reinforce course objectives and assess learning. Successful completion of this course requires 80% or higher on post-test, skills assessment and attendance at each onsite day.

### **Credits:**

This course counts as 24 contact hours (8 online and 16 on-site) and is an advanced level course open to licensed physical therapists only.

### **Dates and Location:**

January 20 and 21, 2018  
Olin Hall Room 338  
827 N Elmwood Ave  
Peoria, IL 61606

### **Registration:**

Registration is to be completed online at [evidenceinmotion.com](http://evidenceinmotion.com). PTS employees will receive a 10% discount off of the price of the course. Please refer to attached instructions for registration.

## Registration Instructions

1. Go to: [www.evidenceinmotion.com](http://www.evidenceinmotion.com)
2. Create a MyEIM account. If you already have a MyEIM account, please log in. If you don't remember your user name/password, please call our office at 888-709-7096 or email [lori@eimpt.com](mailto:lori@eimpt.com).
3. Under Educational Offerings select Continuing Education.
4. Select the course you want to attend.
5. Under "Upcoming Courses" scroll and click on the location.
6. At the course Registration form make sure all info is updated/filled in.
7. Select "Pay Online".
8. Add the discount code, enter **PTS10%** and click Apply discount. This will apply the 10% discount.
9. Click "continue" and you are registered for the course.

You will receive course access in December 2017.

If you have any questions with signup, please call the EIM office at 888/709-7096 or email [lori@eimpt.com](mailto:lori@eimpt.com).

If you have any questions regarding location of course, please contact Sara Owens at [saraowens@ptsinc.org](mailto:saraowens@ptsinc.org).